



## Pastoral and SEN Interventions Offered:

<b>Interventions offered:</b>	<b>Supporting texts/resources:</b>
Time to talk with Mrs Young 1:1 sessions	
Open door – Come and see me if you need at playtime/lunch	
Wishes and Feelings	
Anxiety focused intervention	Starving the Anxiety Gremlin (Kate Collins-Donnelly) The Invisible String (Patrice Karst)
Worry focused intervention	The Worry workbook (Imogen Harrison) The Huge Bag of Worries (Virginia Ironside)
Anger focused intervention	Anger Management workbook for kids (Samanatha Snowden)
Bereavement support	Muddles and Puddles workbook (Diana Crossley) Grief Book workbook (Dr Shelley Gilbert)– Mrs Youngs recommended read but copies are difficult to find! Stories for young children used currently in Rainbow Room: <ul style="list-style-type: none"> <li>• When someone you love has died (Stephanie Seider)</li> <li>• The Burst Balloon (Cher Louise Jones)</li> <li>• Gilbert the Great (Jane Clarke and Charles Fuge)</li> <li>• Missing Mummy (Rebecca Cobb)</li> <li>• I will always carry you in my heart (Charles Hills)</li> <li>• Paper Dolls (Julia Donaldson)</li> </ul>
Problem/ resolution focused intervention - Size of the Problem	The Problem with Problems (Rachel Rooney and Zehra Hicks)
Zones of Regulation (Emotional Regulation)	Supportive text for lessons – delivered in smaller adapted lessons in Rainbow Room. Books used to support lessons: <ul style="list-style-type: none"> <li>• On Monday when it Rained (Cheryl Kachenmeister)</li> <li>• The Way I Feel (Janan Cain)</li> <li>• All about feelings (Felicity Brooks and Frankie Allen)</li> </ul>
Life skills – child specific to their needs	Using an in-house designed curriculum
Personalised social stories.	Bespoke to situations and individual needs.
Lego play intervention for small groups	
Games and Puzzle intervention for small groups	
Sensory play with language for small groups	
Support for Parents	Recommended read The A-Z of Therapeutic Parenting by Sarah Naish.